

# PACKING GUIDE

## CLOTHING

- PROFESSIONAL CLOTHING**  
You will wear professional clothing during most days of the internship. Note that the air conditioning inside is often very cold; you will probably want a sweater or long sleeves as an option.
- CASUAL CLOTHING**  
Casual clothing will be worn outside of work, on evenings, and on weekends. Summers in Oklahoma are extremely hot, so you will want to pack casual clothing accordingly.
- SWIMSUIT**  
You will be staying in a house with a pool, and for hygienic purposes, only swimwear will be allowed in the pool. Beach towels will be provided for you.
- GYM SHOES**  
You will have the opportunity to visit the nearby FireLake Wellness Center to work out. Additionally, you can choose to play some sports such as stickball, basketball, and volleyball throughout the summer.
- WORKOUT CLOTHING**  
The FireLake Wellness Center does not permit jeans or cutoffs in the facility.
- GIRLS: A FULL-LENGTH MAXI OR BROOM SKIRT**  
You will be asked to wear one during the Reunion Festival and at tribal ceremonies.
- UNDERGARMENTS & SOCKS**

## TOILETRIES

- ANY SPECIAL TOILETRIES**  
As you need them, the program will purchase toiletries from FireLake Discount Foods. However, specialty items or specific brands may not be available.

## ELECTRONICS

- LAPTOP COMPUTER/TABLET**  
If you have a laptop or tablet, it is highly recommended that you bring it with you as you will be completing some writing assignments. However, if you do not have one, accommodations will be made for you.
- CHARGERS**  
Make sure to bring any chargers necessary for your electronic devices.

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## PERSONAL ITEMS

- MEDICATION**  
You will be required to disclose prescription medication on the Health Questionnaire. This will help program staff ensure that they are secure and be aware if you need to refill your prescription. Discretion will be used, and prescription information will not be shared with anyone not on staff.
- MEDICATION SCRIPTS**  
If you will need to fill any prescriptions over the summer, don't forget to bring a script from your doctor with you.
- PERSONAL ID INFORMATION**  
Make sure you have any identification information (driver's license, photo ID, passport) that you may need over the summer.
- GLASSES/CONTACTS**

## OPTIONAL ITEMS

- GAME CONSOLES AND RELATED EQUIPMENT**  
In past years, some students traveling locally or by car have brought such items to share with other students.
- DVDS, CDS**  
A DVD player is available at the Sharp House.
- SPEAKERS**  
Past students have brought speakers to play music at the pool or in the house.
- BOOKS, INSTRUMENTS, BOARD GAMES, ETC**